



# Louisiana

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# Pediatric Obesity Mini CoIN

# Project Team

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- Leslie Lewis, MPH, LDN, RD (team lead)
  - LA Department of Health and Hospitals
- Kate Holmes, MPH
  - LA Department of Health and Hospitals
- Amanda Staiano, Ph.D., M.P.P.
  - Pennington Biomedical Research Center
- Jeanette Gustat, PhD, MPH
  - Tulane School of Public Health
- Lisa Brochard
  - LA Department of Education

# Early Childhood in LA

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- NAP SACC
- Well-Ahead Louisiana
- Child Care Health Consultants
- Early Childhood Care and Education Advisory Board
- DCFS → LDE
  - Newly revised licensing standards
  - QRIS system
  - Accountability measures
  - Coordinated enrollment



# Opportunities

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New licensing regulations around physical activity and screen time

- PA for at least 1 hour/day (mix of teacher-led and child-led)
- Screen time limited to 2 hours/day (none for infants)

Go NAP SACC Pilot Project

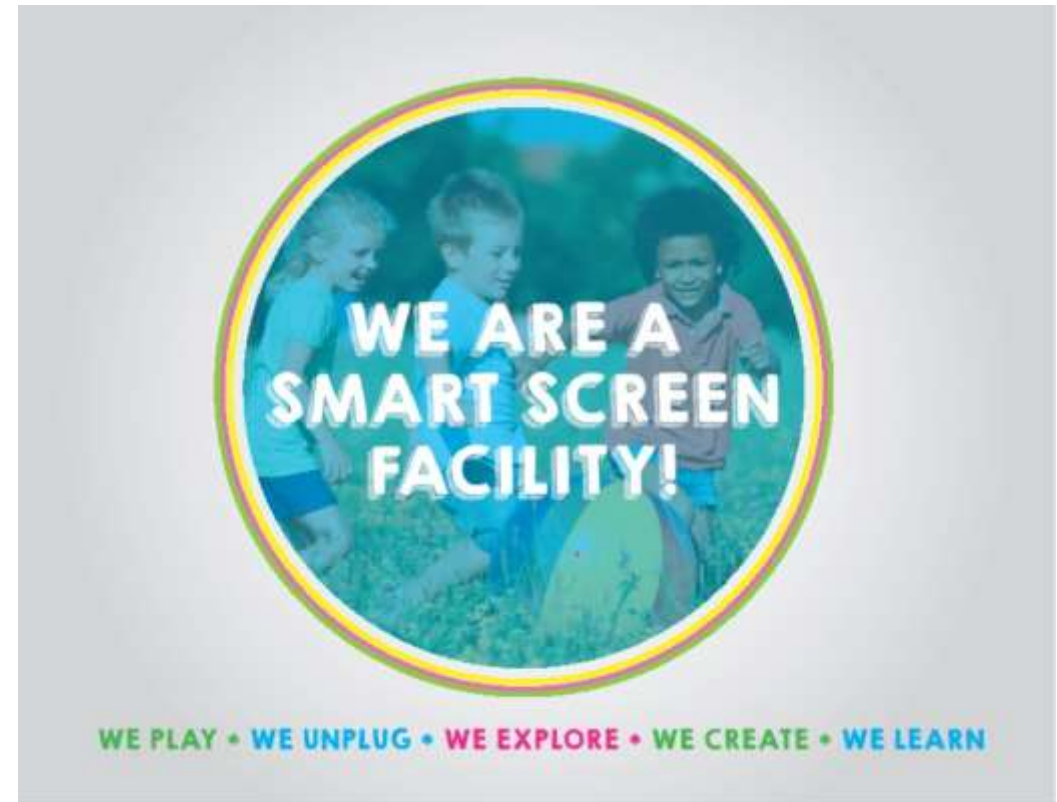
“Pause and Play” Grant



# Year 1 Project

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- 6 child care centers
- Focus on reducing screen-time and increasing physical activity through...
  - Policy development
  - Posters
  - Newsletters
  - Parent meetings
  - Education of older children (3-4 year olds)
  - Alternative transition time practices
  - Screen free week in May



# Year 2 Project

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- Toolkit dissemination
- Childhood obesity conference
- Research project to interview child care center directors
  - Data for larger grant submission



# THANK YOU!

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